



## **South Carolina Arthritis Prevention and Control Program**

### **ARTHRITIS RESOURCES Resources and Rheumatologists Charleston County**

The South Carolina Arthritis Prevention and Control Program is a program of the South Carolina Department of Health and Environmental Control in partnership with the Centers for Disease Control and Prevention, the Arthritis Foundation and other organizations throughout SC.

We have developed this list of resources to help you manage your arthritis. We give you information about 3 Arthritis Foundation programs that can help you manage your condition. All 3 programs should benefit you whether you have arthritis, fibromyalgia, lupus, or some other rheumatic condition.

- Arthritis Foundation-Self-Help Program - Group education classes to help you learn how to manage your condition.
- Arthritis Foundation Exercise Program - An exercise program that uses gentle exercises to improve your strength and energy level and reduce your pain.
- Arthritis Foundation Aquatic Program - A water exercise program for people with arthritis to help you feel better.

We also list support groups for each county and give you a list of rheumatologists in your area. A rheumatologist is a doctor who is a specialist in treating arthritis and other rheumatic conditions.

#### **Arthritis Foundation Self-Help Program:**

Low Country Senior Center  
Elizabeth Bernat  
865 Riverland Drive  
James Island  
Charleston, SC 29412  
(843) 762-9555

#### **Arthritis Foundation Exercise Program:**

*No program in this county.*

**Arthritis Foundation Aquatic Program:**

Town of Recreation  
Remley's Point REC Center  
363 6<sup>th</sup> Avenue  
Mount Pleasant, SC 29464  
(843) 849-2059

**Support Groups:**

Lupus Support Group  
For information, contact:  
Lupus Foundation of America, Inc.  
South Carolina Chapter  
P.O. Box 1427  
Easley, SC 29641  
Phone: (864) 855-2400  
<http://www.midnet.sc.edu/lupus>

**Rheumatologists:**

Rheumatology Associates  
Carlyle Barfield, Alan I. Nussbaum, & Georgia C.  
Roane  
14 East Farmfield Ave.  
Charleston, SC 29407  
(843) 571-6067

MUSC Rheumatology Division  
96 Jonathan Lucas St  
Suite 912  
PO Box 250623  
Charleston SC 29425  
(843) 876-0593

West Ashley Office:  
2125 Charley Hall Blvd  
Charleston, SC 29414

**MUSC Rheumatologists:**

Bird, Kristin	Mariq, Hildegard
Bolster, Marcy	Mitchell, Holly
Brown, Alan	Oats, Jim
Douglas, Glenn	Shannon, Sean
Fahey, Sean	Silver, Richard
Gilkeson, Gary	Smith, Edwin
	Taylor, Marian

Low Country Rheumatology  
Gary E. Fink, Clarence W. Legerton III, Hildegard  
R. Maricq, & Gregory Neimer  
2860 Tricon Street, Suite A  
Charleston, SC 29406  
(843) 572-4840

Low Country Rheumatology  
Edwards, William M. &  
Sheldon, William B.  
9279 Medical Plaza Dr, Suite C  
North Charleston, SC 29406  
(843) 797-1008

Walter M. Bonner, Frank E. Harper, & J. Grant  
Taylor  
890 Johnnie Dodds Blvd, Suite 2A  
Mount Pleasant, SC 29464  
(843) 881- 9971

*SC DHEC presents this list as a representative sample of available resources and does not provide funds or receive remuneration from any for-profit organization, group, or website on this list.*